



NOTE TO THE WORLD

- * I will recycle and cut down on waste
- * I will scatter wildflower seeds, to help the bees and butterflies
- * I will be part of helping build a better world for children
- * I will take the time to listen to others who maybe hurting
- * I will find a way to contribute to my community
- * I will learn to practice Kindfulness, as well as Mindfulness
- * The planet's future matters to me.



To the world,

I want to be part of building a kinder world for myself, people I care about, and the planet. I want to help my community be a place we all enjoy, which nurtures our children and supports those in their later years. To do this I will:

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Even if I forgot, this card is a gentle reminder of the promise I made to the world.

Lots of love,

Me xxx 

Your Address:

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